

Form No. MGT-7A

Form language

Abridged Annual Return for OPCs and Small Companies English Hindi

[Pursuant to sub-section (1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014]



Refer Instruction kit for filing the form

All fields marked in * are mandatory

I REGISTRATION AND OTHER DETAILS

i *Corporate Identity Number (CIN)

U62099HR2023PTC114102

ii (a) *Financial year for which the annual return is being filed (From date) (DD/MM/YYYY)

01/04/2024

(b) *Financial year for which the annual return is being filed (To date) (DD/MM/YYYY)

31/03/2025

(c) *Type of Annual filing

 Original Revised

(d) SRN of MGT-7A/ MGT-7 filed earlier for the same financial years

iii

Particulars	As on filing date	As on the financial year end date
Name of the company	LAIQA WELLNESS PRIVATE LIMITED	LAIQA WELLNESS PRIVATE LIMITED
Registered office address	101, Vatika Business Park, Tower-2,,Sohna Road, Sector-49,,Gurgaon,Gurgaon,Gurgaon,Haryana,India,122018	101, Vatika Business Park, Tower-2,,Sohna Road, Sector-49,,Gurgaon,Gurgaon,Gurgaon,Haryana,India,122018
Latitude details	28.406393	28.406393
Longitude details	77.044515	77.044515

(a) *Photograph of the registered office of the Company showing external building and name prominently visible

IMG20230905171216.jpg

(b) *Permanent Account Number (PAN) of the company

AA*****2L

(c) *e-mail ID of the company

*****rate@mylaiqa.com

(d) *Telephone number with STD code

01*****15

(e) Website

www.laiqa.ai

iv *Date of Incorporation (DD/MM/YYYY)

11/08/2023

v (a) *Class of Company (as on the financial year end date)

(Private company/One Person Company)

Private

(b) *Category of the Company (as on the financial year end date)

(Company limited by shares/Company limited by guarantee/Unlimited company)

Company limited by shares

(c) *Sub-category of the Company (as on the financial year end date)

(Indian Non-Government company/Union Government Company/State Government Company/
Guarantee and association company/Subsidiary of Foreign Company)

Non-government company

vi *Whether the form is filed for

OPC

Small Company

vii *Whether company is having share capital (as on the financial year end date)

Yes

No

viii (a) Whether Annual General Meeting (AGM) held (**not applicable in case of OPC**)

Yes

No

(b) If yes, date of AGM (DD/MM/YYYY)

(c) Due date of AGM (DD/MM/YYYY)

30/09/2025

(d) Whether any extension for AGM granted

Yes

No

(e) If yes, provide the Service Request Number (SRN) of the GNL-1 application form filed for extension

(f) Extended due date of AGM after grant of extension (DD/MM/YYYY)

(g) Specify the reasons for not holding the same

AGM will be held on 30/09/2025

II PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY

i *Number of business activities

2

S. No.	Main Activity group code	Description of Main Activity group	Business Activity Code	Description of Business Activity	% of turnover of the company
1	G	Wholesale and retail trade; repair of motor vehicles and motorcycles	47	Retail trade, except of motor vehicles and motorcycles	88
2	M	Professional, Scientific and Technical activities	74	Other professional, scientific and technical activities	12

III PARTICULARS OF ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES) (not applicable for OPC)

i *No. of Companies for which information is to be given

0

S. No.	CIN /FCRN	Other registration number	Name of the company	Associate/Joint Venture	% of shares held

IV SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

i SHARE CAPITAL

(a) Equity share capital

Particulars	Authorized Capital	Issued capital	Subscribed capital	Paid Up capital
Total number of equity shares	2000000	1223084	1223084	1223084
Total amount of equity shares (in rupees)	20000000.00	12230840.00	12230840	12230840

Number of classes

1

Class of shares Equity	Authorized Capital	Issued capital	Subscribed Capital	Paid Up capital
Number of equity shares	2000000	1223084	1223084	1223084
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	20000000	12230840	12230840	12230840

(b) Preference share capital

Particulars	Authorized Capital	Issued capital	Subscribed capital	Paid Up capital
Total number of preference shares	400000	190562	190562	190562
Total amount of preference shares (in rupees)	20000000.00	9528100.00	9528100.00	9226750.00

Number of classes

1

Class of shares Preference Share	Authorized Capital	Issued capital	Subscribed Capital	Paid Up capital
Number of preference shares	400000	190562	190562	190562
Nominal value per share (in rupees)	50	50	50	50
Total amount of preference shares (in rupees)	20000000.00	9528100.00	9528100	9226750

(c) Unclassified share capital (not applicable for OPC)

Particulars	Authorized Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital (not applicable for OPC)

Particulars	Number of shares	Total Nominal Amount	Total Paid-up amount	Total premium
(i) Equity shares				
At the beginning of the year	1000000	10000000	10000000	
Increase during the year	223084.00	2230840.00	2230840.00	14738324.00
i Rights issue	166611	1666110	1666110	
ii Bonus issue	0	0	0	
iii Private Placement/ Preferential allotment	100	1000	1000	26098
iv ESOPs	0	0	0	
v Sweat equity shares allotted	0	0	0	
vi Conversion of Preference share	0	0	0	
vii Conversion of Debentures	0	0	0	
viii Others, specify Conversion of Loan into Equity	56373	563730	563730	14712226
Decrease during the year	0.00	0.00	0.00	0
i Buy-back of shares	0	0	0	
ii Shares forfeited	0	0	0	
iii Reduction of share capital	0	0	0	
iv Others, specify				
At the end of the year	1223084.00	12230840.00	12230840.00	
(ii) Preference shares				
At the beginning of the year	0	0	0	

Increase during the year	190562.00	9528100.00	9226750.00	40751364.00
i Issues of shares	190562	9528100	9226750	40751364
ii Re-issue of forfeited shares	0	0	0	
iii Others, specify <input type="text"/>				
Decrease during the year	0.00	0.00	0.00	0
i Redemption of shares	0	0	0	
ii Shares forfeited	0	0	0	
iii Reduction of share capital	0	0	0	
iii Others, specify <input type="text"/>				
At the end of the year	190562.00	9528100.00	9226750.00	

ii Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) (not applicable for OPC)

Nil

Number of transfers

Attachments:

1. Details of shares/Debentures Transfers

iii Debentures (Outstanding as at the end of financial year)

(a) Non-convertible debentures

*Number of classes

Classes of non-convertible debentures	Number of units	Nominal value per unit	Total value (Outstanding at the end of the year)
Total			

Classes of non-convertible debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Total				

(b) Partly convertible debentures

*Number of classes

0

Classes of partly convertible debentures	Number of units	Nominal value per unit	Total value (Outstanding at the end of the year)
Total			

Classes of partly convertible debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Total				

(c) Fully convertible debentures

*Number of classes

0

Classes of fully convertible debentures	Number of units	Nominal value per unit	Total value (Outstanding at the end of the year)
Total			

Classes of fully convertible debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year

Classes of fully convertible debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Total				

iv Securities (other than shares and debentures) (not applicable for OPC)

0

Type of Securities	Number of Securities	Nominal Value of each Unit	Total Nominal Value	Paid up Value of each Unit	Total Paid up Value
Total					

V Turnover and net worth of the company (as defined in the Companies Act, 2013)

i *Turnover

7092920

ii * Net worth of the Company

22260830

VI SHARE HOLDING PATTERN

A Promoters (not applicable for OPC)

S. No	Category	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage
1	Individual/Hindu Undivided Family				
	(i) Indian	927508	75.83	0	0.00
	(ii) Non-resident Indian (NRI)	0	0.00	0	0.00
	(iii) Foreign national (other than NRI)	0	0.00	0	0.00
2	Government				
	(i) Central Government	0	0.00	0	0.00

	(ii) State Government	0	0.00	0	0.00
	(iii) Government companies	0	0.00	0	0.00
3	Insurance companies	0	0.00	0	0.00
4	Banks	0	0.00	0	0.00
5	Financial institutions	0	0.00	0	0.00
6	Foreign institutional investors	0	0.00	0	0.00
7	Mutual funds	0	0.00	0	0.00
8	Venture capital	0	0.00	0	0.00
9	Body corporate (not mentioned above)	0	0.00	0	0.00
10	Others <input type="text"/>	0	0.00	0	0.00
	Total	927508.00	75.83	0.00	0

Total number of shareholders (promoters)

B Other than promoters (not applicable for OPC)

S. No	Category	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage
1	Individual/Hindu Undivided Family				
	(i) Indian	148019	12.10	0	0.00
	(ii) Non-resident Indian (NRI)	0	0.00	0	0.00
	(iii) Foreign national (other than NRI)	0	0.00	0	0.00
2	Government				

	(i) Central Government	0	0.00	0	0.00	
	(ii) State Government	0	0.00	0	0.00	
	(iii) Government companies	0	0.00	0	0.00	
3	Insurance companies	0	0.00	0	0.00	
4	Banks	0	0.00	0	0.00	
5	Financial institutions	0	0.00	0	0.00	
6	Foreign institutional investors	0	0.00	0	0.00	
7	Mutual funds	0	0.00	0	0.00	
8	Venture capital	100	0.01	190562	100.00	
9	Body corporate (not mentioned above)	0	0.00	0	0.00	
10	Others <table border="1" data-bbox="224 909 435 968"> <tr> <td>Family Trust</td> </tr> </table>	Family Trust	147457	12.06	0	0.00
Family Trust						
	Total	295576.00	24.17	190562.00	100	

Total number of shareholders (other than promoters)

6

Total number of shareholders (Promoters + Other than promoters)

8.00

Breakup of total number of shareholders (Promoters + Other than promoters)

Sl.No	Category	
1	Individual - Female	1
2	Individual - Male	4
3	Individual - Transgender	0
4	Other than individuals	3
	Total	8

VII NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS

[Details of Promoters, Members (other than promoters), Debenture holders]

Details	At the beginning of the year	At the end of the year
Promoters	2	2
Members (other than promoters)	3	6
Debenture holders	0	0

VIII MEETINGS OF MEMBERS/CLASS OF MEMBERS/ BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS (not applicable for OPC)

*Number of meetings held

8

Type of meeting	Date of meeting (DD/MM/YYYY)	Total Number of Members entitled to attend meeting	Attendance	
			Number of members attended	% of total shareholding
Extra Ordinary General Meeting	03/05/2024	6	2	71.52
Extra Ordinary General Meeting	30/05/2024	6	3	78.09
Extra Ordinary General Meeting	18/06/2024	6	2	74.83
Extra Ordinary General Meeting	04/07/2024	6	3	87.47
Extra Ordinary General Meeting	31/07/2024	6	3	87.47
Extra Ordinary General Meeting	19/08/2024	6	3	88.05
Extra Ordinary General Meeting	29/08/2024	8	3	88.04
Annual General Meeting	20/12/2024	8	4	91.15

B BOARD MEETINGS (not applicable for OPC)

*Number of meetings held

13

S.No	Date of meeting (DD/MM/YYYY)	Total Number of directors associated as on the date of meeting	Attendance	
			Number of directors attended	% of attendance
1	25/04/2024	2	2	100

2	01/05/2024	2	2	100
3	28/05/2024	2	2	100
4	10/06/2024	2	2	100
5	18/06/2024	2	2	100
6	02/07/2024	2	2	100
7	29/07/2024	2	2	100
8	19/08/2024	2	2	100
9	26/08/2024	2	2	100
10	29/10/2024	2	2	100
11	17/12/2024	2	2	100
12	01/03/2025	2	2	100
13	12/03/2025	2	2	100

C ATTENDANCE OF DIRECTORS (not applicable for OPC)

S. No	DIN	Name of the Director	Board Meetings			Whether attended AGM held on
			Number of Meetings which director was entitled to attend	Number of Meetings attended	% of attendance	<input type="text"/> (Y/N/NA)
1	02261618	Monica Bindra	13	13	100.00	
2	00987823	Harmeetpal Singh Bindra	13	13	100.00	

IX REMUNERATION OF DIRECTORS

Nil

A *Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

S. No.	Name	Designation	Gross salary	Commission	Stock Option/ Sweat equity	Others	Total amount
	Total						

B *Number of other directors whose remuneration details to be entered

2

S. No.	Name	Designation	Gross salary	Commission	Stock Option/ Sweat equity	Others	Total amount
1	Monica Bindra	Director	2374996				2374996.00
2	Harmeetpal Singh Bindra	Director	1750000				1750000.00
	Total		4124996.00	0.00	0.00	0.00	4124996.00

X MATTERS RELATED TO CERTIFICATION OF COMPLIANCES AND DISCLOSURES

A *Whether the company has made compliances and disclosures in respect of applicable provisions of the Companies Act, 2013 during the year

Yes

No

B If No, give reasons/observations

XI PENALTY AND PUNISHMENT – DETAILS THEREOF

A *DETAILS OF PENALTIES / PUNISHMENT IMPOSED ON COMPANY/
DIRECTORS/OFFICERS

Nil

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order (DD/MM/YYYY)	Name of the Act and section under which penalized / punished	Details of penalty/ punishment	Details of appeal (if any) including present status

B *DETAILS OF COMPOUNDING OF OFFENCES

Nil

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order (DD/MM/YYYY)	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in rupees)

XII Details of Shareholder / Debenture holder

Number of shareholder/ debenture holder

8

XIII Attachments

(a) List of share holders, debenture holders

MGT-7A Details of Shareholder or
Debenture holder.xlsm

(b) Optional Attachment(s), if any

XIV Declaration under Rule 9(4) of the Companies (Management and Administration) Rules, 2014

* (a) DIN/PAN/Membership number of Designated Person

02261618

* (b) Name of the Designated Person

MONICA BINDRA

Declaration

I am authorized by the Board of Directors of the Company vide resolution number* dated*
(DD/MM/YYYY) to sign this form and declare that all the requirements of Companies Act, 2013

and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been complied with. I further declare that:

- 1 Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2 All the required attachments have been completely and legibly attached to this form.

*To be digitally signed by

*Designation

(Director /Liquidator/ Interim Resolution Professional (IRP)/Resolution Professional (RP)/Company secretary)

Director

*DIN of the Director; or PAN of the Interim Resolution Professional (IRP) or Resolution Professional (RP) or Liquidator or Membership number of the company secretary

0*2*1*1*

Note: Attention is drawn to provisions of Section 447, 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement/certificate and punishment for false evidence respectively.

For office use only:

eForm Service request number (SRN)

AB7462734

eForm filing date (DD/MM/YYYY)

26/09/2025

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company

Sr. No	Name of Shareholders	No of Equity Shares after conversion of Series Seed CCPS	Percentage
1	Ms. Monica Bindra	8,52,773	60.32
2	Mr. Harmeetpal Singh Bindra	74,735	5.29
3	Dr. Aasinkumar Jagnarayan Maurya	20,000	1.41
4	Dr. GSK Velu	90,019	6.37
5	Mr. Ashish Chadha	38,000	2.69
6	M/s. Meenakshi Family Trust	1,47,457	10.43
7	IvyCap Ventures Fund III, A Scheme Of IvyCap Ventures Trust Fund III *	1,84,512	13.05
8	IvyChamp Mentor Private Trust**	6,150	0.44
	TOTAL	14,13,646	100

* Holder of 100 Equity Shares and 1,84,412 Series Seed CCPS

** Holder of 6,150 Partly Paid-up Series Seed CCPS @ INR 1(one) per share

Face Value of Equity is INR 10/-

Face Value of Series Seed CCPS is INR 50/-

Date of registration of transfer (Date Month Year)	Type of transfer	Class of shares transferred	Number of Shares/Debentures/Units Transferred	Amount per Share/Debenture/Unit (in Rs.)	Ledger Folio of Transferor	Transferor's Name	Ledger Folio of Transferee	Transferee's Name (Surname, middle name, first name)
18/06/2024	Equity share	Equity Shares	147457	10	06	Meenakshi Singh	07	Meenakshi Family Trust
12/03/2025	Equity share	Equity Shares	1865	10	02	Harmeetpat Singh Bindra	04	Dr. GSK Vetu